Welcome to the LimeLight

# 2021

In celebration of lime green as the official color of mental health awareness, LimeLight was created for grateful patients and families to celebrate a Rogers staff member who made a special contribution to their recovery process by making gift in their honor. All honorees receive a commemorative certificate along with the donor's note of thanks, if provided. Join the Foundation in welcoming the following Rogers staff members to the LimeLight!

## California - San Diego

• Natalie Heidecker - Natalie is one of the most amazing people I have ever met. She saved my life. She gave me my life back. She never gave up on me and continued to work with me even when it was hard. She is truly Rogers greatest asset.

## California - San Francisco

• Gabrielle Moretti - Comments confidential.

# Florida - Miami

• Ana Trujillo - She was so sweet, patient, non-judgmental, and caring. It made a big difference during my daughter's treatment. She was able to gain enough of her trust for my daughter to accept she needed help, and to feel hope about the future. Thank you, Ana!

## Florida - Tampa

• Britney Jenkins - You are absolutely amazing and mean the world to me. You've made such a huge impact in every aspect of my life, and I will always be grateful for being lucky enough to know you.

## Illinois - Hinsdale

• Dr. Andrea Uribe - Dr. Uribe helped our daughter far more than managing medication as a psychiatrist: she is also a therapist, a mentor, and a friend. She attended every family session. Our daughter had been in other behavioral facilities; Dr. Uribe is incomparable!

## Illinois - Skokie

• Rachel Spizzirri - Rachel is a gifted therapist. She seeks to understand how a family unit functions, offers approaches for coping and coaching that work for that family and consistently demonstrates empathy and endless patients. Thank you, Rachel, for giving us new skills!

#### Minnesota - Minneapolis

- Deanna Kolas Deanna was so patient with me. She listened to my darkest secrets and never judged me for a second. I've been able to successfully go back to school after completing the TR-PHP. The program, especially Deanna, definitely changed my life for the better!
- Kathy Mickelson Kathy creates a "family" within the unit and had the kids nudging each other forward in their recoveries. Our daughter looked forward to going to her PHP programming because of Kathy's contagious, life-filled personality.
- Maria Trenda She was an amazing therapist for me, with honesty, intelligence, skills, humor, and a real belief in me. Can't say enough good things about her!
- Paul Williams Kathy creates a "family" within the unit and had the kids nudging each other forward in their recoveries. Our daughter looked forward to going to her PHP programming because of Kathy's contagious, life-filled personality.

## Tennessee - Nashville

- Ryan Mueller Ryan has taught me the skills I need to have a happy, functional life. I'm giving this donation because he taught me how to deal with stressors in my life, and he made it fun. Thank you all so very, very much.
- Scott Pierce Scott Pierce saved my life. No questions about it. His ability to empower his patients, his sincere dedication to improving mental health outcomes, and his willingness to go the extra mile for patients and their families is unmatched. Thank you, Scott.

## Wisconsin - Appleton

• Chloe Tauber - I'm not even sure where to begin. How do you give the proper thanks to someone who not only saved your life but gave you hope? Without Chloe, my life and outlook on my future would be bleak. I can't thank her enough for her guidance. Thank you, Chloe.

## Wisconsin - Brown Deer

- Andrea Lewis Comments confidential.
- Stacy Trinastic Stacy always took the time to listen to me no matter what I was going through and make sure I was alright. She is such an awesome therapist. She is so selfless and puts the needs of her patients before her own. I was always learning from her.

## Wisconsin - Madison

- Jill Dawson Jill was amazing from day one. She took me in after a bad IOP experience elsewhere and made me feel good about myself again. I'm now six months sober and loving life because of her positive attitude and drive that got me back on the right track.
- Peter Debbink Peter would always breakdown my thoughts and emotions to a scientific level, but not in a boring way. His fun and caring approach made me feel okay with who I am and that I can change and that my addiction doesn't define me. I'm now six months sober!
- Ellie Fisher Ellie was always funny & helpful & made a difference in mine and everyone else's treatment. For me, they were the first to crack into my thought process to start to challenge my negative forecasting and thinking. We had fun & serious sessions. Thank you!!
- Ben Hickman My daughter would walk to the moon and back for Ben. We are so thankful for his connection with her.
- Benjamin Hirte Ben was intelligent with his conversations, and it never felt like treatment, but a discovery into what was driving my addiction. With a bit of humor

mixed in and real-world talk, he helped me through a relapse, and I just celebrated six months sober.

- Sarah Jeffery As a former participant in the IOP Program in Madison, I can attest 1st hand to Sarah's outstanding performance as an IOP therapist. Sarah's knowledge, skill set, awareness and passion for her role are far above the norm among the therapists I have ever engaged. There is no doubt she had a profound impact on my recovery. Sarah's presentations/sessions were comprehensive, timely, and always inclusive. She also handled enormously trouble patients and difficult situations in perfect stride, with incredible compassion. Sarah is a master of psych-education!
- Megan Kloth There are no words to express my gratitude towards Megan. My mental health has never been this consistently stable thanks to the skills she taught me. I now know I can live a happy and fulfilling life. Megan has forever changed my life for the better.

## Wisconsin - Oconomowoc

- Kimberly Bentfield Comments confidential.
- Danielle Bernier Danielle was my therapist at the hardest, most vulnerable point in my life. She doesn't view her job as just a job. She made me feel special and cared for and went above and beyond (overtime) to assure I would succeed. Thank you thank you thank you!
- Hilary Boyd Hilary is a super hardworking and caring person who worked diligently to change my medication so that I could get better.
- Meaghan Cross Meaghan pushed me every day no matter what even when I REALLY didn't want to do anything. She didn't make me feel like I was another kid who had anxiety but more of a friend. She actually listened and cared. She truly has changed my life.
- Stephen Hoffman Steve was an invaluable in my son's treatment. What makes Steve so special is that you know right off the bat when you meet him is that he loves his job and the kids he works with. I wish I had more space to write but to put it bluntly- Steve's the bomb!
- Lauren Howard Comments confidential.
- Sara Jagdfeld She never gave up on me and truly changed my life. I am forever grateful for her!
- Angela Kupper Angela took such great care of our son and taught him so many coping skills. She also taught us how to be better parents-more aware of mental illness and how we play a role in our son's recovery. She was amazing to work with.
- Stacie Lackas Stacie was my therapist at EDRC. She was firm, yet empathetic. No statistic can ever measure the impact Stacie had on my life. I left Rogers feeling like I had the skills and ability to reach recovery. Thank you, Stacie!
- Mitch Lahmann Mitch was key to our son's success and his being able to move forward in his life. He truly connected with our son and now, when he has an intrusive thought, he references 'this is what Mitch would say' and it allows him to move on.
- Meranda Morgese She laid the initial ERP groundwork that helped our daughter start to break out of her OCD prison. She was very creative, patient and caring and made a big difference!
- Rebecca Reis Rebecca was my favorite RC at the EDRC. She always had a smile on her face and was fun to talk to. Rebecca always gave me the time and space to feel comfortable enough to open up and tell her what I was struggling with. Thank you so much, Rebecca!
- Eamonn Ryan He cares about each and every person and is so caring and patient. Wonderful at recognizing when someone needs help and providing for their needs.
- Dr. Cuong Tieu Comments confidential.

- Roseanne Wetzel Roseanne was my Dietician while I was at the EDRC. I really enjoyed working with Roseanne. I never felt judged, and always felt supported. Even when I was having a hard day, Roseanne gave me the time and space to talk about it. Thank you, Roseanne! - Molly
- John Widish I was in Rogers two times in 2020 and John was my Behavioral Specialist. I admired my whole treatment team, but I admired John the most. He always showed that he cared, and I always think about him and the skills he taught me in those often horrible times.

#### Wisconsin - West Allis

- Evan Johnson Evan was the best therapist I could've asked for. I was hesitant about working with a man, but I wouldn't have changed a thing. It was an incredible experience to have someone help me heal in that capacity. Evan is truly made to be working in this field.
- Julie Mayhew Julie was instrumental in guiding me to talk to my family about my condition and truly open up to them. She was there for me throughout my entire stay to talk and to listen, always with kindness and empathy. Julie has made a lasting impact on me.
- Roxanne Ward Roxy always made me smile and laugh, in a time when I needed it the most. Now every time I do something as simple as cleaning the kitchen I think of Roxy and how proud she would be. I will forever be thankful for her help.
- Timothy Williams, Jr. Mr. Tim has made a special impact on our son by compassionately directing and challenging him. During conversations with our son, he frequently makes specific positive references to Mr. Tim. My wife and I were also moved by Mr. Tim's kindness when we met.