Welcome to the LimeLight

2022

In celebration of lime green as the official color of mental health awareness, Rogers Foundation's LimeLight program was created for grateful patients and families to celebrate a Rogers staff member who made a difference in their lives by making gift in their honor. All honorees receive a commemorative certificate along with the donor's note of thanks, if provided. Join the Foundation in welcoming the following Rogers staff members to the LimeLight!

California - San Diego

 Natalie Heidecker – "I'm super proud of the awards! In fact, one patient gave me two (one for each time they were in our clinic). I'm honored to be recognized. It's incredible that so many patients across the system went out of their way to let Rogers know about the impact that our work together had on them."

Natalie changed my life, twice. Her kindness, patience, and guidance let me achieve a level of recovery I never imagined. It's 3 months later, and I get to explore, 'What am I going to do with this life I didn't expect to have?' Natalie made it possible.

Natalie was my behavioral specialist and therapist. I am so grateful because working with her helped me get my



Natalie Heidecker

future back. Her warmth, expertise, compassion, patience, and laughter made my journey more meaningful than I could have imagined. I can't thank you enough, Natalie.

• Hannah Thayer - Hannah is a gem! I can't express enough my gratitude for all her help! Her approach is a balanced mix of positivity, straightforwardness, and empathy. She brought energy and meaningful insights to our sessions and was the highlight of my experience at Rogers!

Illinois - Hinsdale

• Benjamin Waughtel - A very knowledgeable and creative clinician.

Illinois - Skokie

• Terry Hill – "Being a Limelight recipient reminds me about the greater purpose behind the work we do on a daily basis. 'Everyone can be great, because everyone can serve.'" – Martin Luther King Jr.

Comments confidential.

Minnesota - Minneapolis

- Riley Berg Riley truly worked hard to get me to open up and trust him. He NEVER GAVE UP on me, even when I pushed him away. Being a therapist myself and being a patient, I never felt judged by him. He is a great asset to Rogers and helped turn my life around.
- Sara Buresh "To see all the work that our patients put into their care is always the most rewarding part of this job, so to be recognized back is a truly grounding and special experience. I am so thankful to be a part of this team and to help others build on themselves to live a value-based life!"

Sara has been so supportive and instrumental to me. She understood my OCD/anxiety. She knew the right thing to say and gave me time to sit with uncertainty. Sara is an exemplary behavior specialist. Enlightening, motivator, professional, and empowering,

 Deanna Kolas – "Our entire team cares so much about the patients we work with, and we rarely have the opportunity to hear how they're doing after discharge. It was so special to receive the LimeLight Award and hear about the ways our patient is thriving and that the patient a



Terry Hill



Sara Buresh and Deanna Kolas

about the ways our patient is thriving and that the patient appreciates and benefited from the work we all do here at Rogers."

Comments confidential

• Amanda VonFeldt – "It's an absolute honor to be one of the LimeLight recipients. Working in behavioral health can be difficult, so when patients and/or families take the time to honor you in this way, it confirms what we all know deep down but can also easily forget on the hard days... we are making a lasting impact on our patients lives, which could also end up saving their lives. I'm grateful to be a part of a team that does this work, day in and day out, even when it's hard."

Amanda played a key role in our daughter's recovery. She always had a friendly smile and had conversation during weights and vitals time, making it less difficult. Amanda also went above and beyond helping with FMLA paperwork so I could support my child.

Amanda took time to connect with my child while in treatment. She treated her as a person before a patient. Amanda asked about her weekends and what she was doing outside of Rogers. This created a safe place for her recovery. We are forever grateful!

Minnesota – St. Paul

• David Werner - Comments confidential.

Pennsylvania - Philadelphia

• Dr. Matthew Boyer - "It's an honor to be recognized in this way. I'm grateful to the person who recognized me and grateful to my colleagues who make the treatment we provide possible."

He was so detailed in explaining the treatment and medicine. He got me on a great path to feeling better overall.

• Amanda Marando-Blanck - She was so patient and understanding. She helped me work through my trauma and get to a place I didn't think I could reach.



Dr. Matthew Boyer

I was the saddest and most desperate for help I had ever been in my life upon being admitted to Rogers. And I was devoid of hope. I will forever be grateful for Amanda's care and kindness. She saved my life. Thank you, Amanda, for believing in me.

• Tiffany Murphy – "Being placed in the LimeLight was a true honor that I was not expecting. My daily goal is to show up to work leaving my patients feeling seen, heard, and supported. I am so grateful to have done this and to have assisted someone in improving their overall quality of life!"

Comments confidential.

Comments confidential.

Washington – Seattle

• Erjing Cui – Comments confidential.

Wisconsin - Appleton

• Angela Gardebrecht - "I feel so incredibly grateful to share this LimeLight with tons of genuine, caring, and compassionate coworkers within the Rogers fam. I feel honored to have been part of this patient's trauma recovery journey and feel even more honored that they believe in Rogers enough to pay it forward to future patients. Thank you to this patient for being an absolute rockstar and trusting the process and thank you to the Foundation for being available to our folks when they need financial resources the most."

Angela truly advocated for me in a way I've never had a therapist do for me. She listened to me cry and then reminded me of all the things I was doing right. She truly helped me pave some of the road through my trauma recovery.



Tiffany Murphy



Angela Gardebrecht

Wisconsin - Oconomowoc

- Miranda Dooley I felt safe talking to Miranda. She is so approachable and nonjudgmental. She made time for each and every one of her patients and kept me safe in times of distress, I could never thank her enough.
- Rebecca Fink-Leach "It means so much to be recognized. I'm very grateful to have had the opportunity to be a part of this patient's recovery journey. My heart is full knowing that we make a difference, and often our patients leave a positive impact in our lives as well!"

Becky was always willing to listen with empathy. Fully supportive of my efforts in recovery. Inspirational to me and my family.

- Abigail Gamsky You're the type of nurse who could make me laugh through my difficult times, Abbi, thank you for reminding me of my worth and for reminding me of my values. I will forever be thankful for you.
- Rachel Horvath As my behavioral specialist, Rachel was tasked with designing ERP therapies to target my reluctant anxiety. Rachel showed me that we don't quit when things get tough. Rachel made me feel worthy of recovery- she taught me that recovery was my choice.

Comments confidential.

• Cortney Kaan - "Cultivate the habit of being grateful for every good thing that comes to you, and to give thanks continuously." Ralph Waldo Emerson

Today I discharge from Focus Depression Recovery Intensive Outpatient, and I couldn't have done it without Cortney setting me up for success. Together we made a plan of what coping skills to use during each urge, a daily schedule, and a grocery list.

- Elyse Karpfinger My father took his life before I came. When I was having difficulty opening up, she helped me to allow myself to be more vulnerable and now I have a fiancé, a better job and am thriving. She's special and Rogers hires good folks.
- Rachel Kichefski "I am so thankful for the opportunity to make a difference in patient lives! Keep spreading positivity!!"

Ray Ray will always and forever be my favorite PCA! From day 1 to my discharge date, Rachel grew alongside me and got to know what coping skills work for me, when I needed a prn, kept me safe and gave me the love and support I needed during recovery!

• Aryanna Klemme - "It means so much to be recognized in such a thoughtful and generous way! A donation like this one provides patients with financial support so their therapeutic work doesn't get disrupted simply because they can't afford it."



Cortney Kaan



Rachel Kichefski

Aryanna is a highly skilled therapist who made a very positive impact with our daughter and our family. Aryanna's professionalism, expertise, and empathy helped put us on a path to recovery and resilience. We are forever grateful.

- Joey Kluz My daughter stated that Joey was the "most kind and understanding" R.C. on the unit. Joey earned her trust and provided compassion and fun at the right dosage in her treatment. I am so grateful he could nurture her when I was across the country.
- Elizabeth Komp Liz, thank you for your valuable words and for the quality time spent together doing arts and crafts and nurse to patient check ins. You made a difference in my life and will forever be my favorite nurse!!
- Mitchell Lahmann OCD snatched our daughter away from us. You and your team brought her back. It's still a work in progress, but now we have reason to hope. Thank you! We are forever grateful.

Mitch was my BS at Oconomowoc and I never expected to receive the level of care and treatment he gave me when I was there. Mitch was the one who helped me in my battle with OCD, so yea, he definitely impacted my life. I can't thank him enough.

- Nickolas Mahoney He did not give up on me when I gave up on myself. He got me to the point where I was ready to say yes to life again.
- Steve Miller Rogers Behavioral Health Foundation would like to recognize Steve Miller posthumously for his strenuous efforts in caring for the lives of our patients. Steve was recognized by a grateful patient in 2022 who said:

He was truly a light in the darkness. He helped me tremendously when I was going through my darkest days. He cared for everyone around him and was always there for me and those that were in his care; I will always remember him.

- Victoria Sardella We are so grateful you came into our lives. You are a gifted communicator, highly organized, authentically caring and committed to your clients. You are the first therapist to earn our daughter's trust and respect, which speaks volumes. God bless you.
- Amy Schnell "I was humbled and honored to receive the LimeLight award from my patient and their family. Often, it is difficult to remind yourself of the good work we do at Rogers as the stress and expectations are high, we save lives. Having a family share their appreciation for the work done in therapy increases the pride I have for the work I do, leaving me even more grateful to serve the mental health community with Rogers."

Amy changed my life in such a positive way when other people were not able to help me. I am so grateful she was on my team. She helped me learn how to function in my life for the first time in years and helped me realize that I have a bright future.



Amy Schnell

- Doug Scicero Thank you, Doug, for staying "steady the course" for WEEKS as my daughter failed to progress initially. Thank you for creating exposure materials at home in the evenings and weekends for her. We are grateful for you. God bless you and your work.
- Jamie Shaver Not only was Joyful Jaime the best house supervisor ever, she spent time getting to know patients on a personal level, helped me while in distress, and was always the highlight of my day! Jaime, I will forever be thankful for your beautiful soul!
- Suanne Swanson Suanne kept me safe when I wanted to give up, when I saw no future. She kept me motivated and always pushed me to challenge myself and take steps towards recovery. Her love and support during the hardest time of my life I will forever be thankful for!
- Carolyn Turcott Dr. Turcott, you truly saved my life.

Wisconsin - Sheboygan

• Scotti Howard - Comments confidential.

Wisconsin - West Allis

• James Holtz - James has the rare combination of a superior intellect and a tremendous amount of compassion to deliver the treatment that many patients need when they need it.