

Give for a Better Day

Holiday Gift Wish List



For patients at Rogers Behavioral Health, mental health and addiction treatment is difficult any time of year, but it can be especially challenging during the holidays.

Your donation goes a long way in providing comfort and lessening anxiety during what can often be a lonely time.

Our patients have special requirements based on their behavioral health care needs. Extra caution must be used when purchasing gifts. Please consider the following:

1. Ages 10 years and up
2. All items must be new
3. No games with themes of violence
4. No items containing Latex or sharp edges
5. No items or gift cards with religious (Christmas/Hanukkah) themes
6. Do not wrap gifts

Arts and crafts — Art supplies, colored pencils/gel pens/markers (no crayons), origami books and paper, sketch pads, and stickers

Clothing and comfort — Athletic socks and shorts, leggings, t-shirts, sweatshirts/sweatpants, undergarments, seasonal apparel (hats/mittens/coats in winter), and stuffed animals (for adolescents)

Games — Apples to Apples, Bananagrams, Clue, deck of cards, Jenga, Life, Mancala, outdoor sporting equipment (balls), Phase 10, jigsaw puzzles (300-1000 pieces), Rubik's Cubes, Sequence, Sorry, Uno, Uno Flip, and Yahtzee

Gift cards (\$10) — Target, Walmart, fast food, restaurants, and movie theaters

Mindfulness activities — Brain puzzles (crossword, Sudoku, word search books), fidget toys, gratitude journals (no spiral bound), Kinetic Sand, mindfulness coloring books, stress balls, and therapeutic putty

Monetary gifts — Cash donations assist the Foundation in filling in the gaps and purchasing specially requested items that are sure to bring joy to our patients

Gifts during the holidays send messages of hope and kindness during a difficult time of year.

Purchase wish list items directly from Amazon.

Go to the Gifts and Registry area in your Amazon account.

Search for Rogers Behavioral Health Foundation in the Holiday Gift List category.

rogersbhfoundation.org