Give for a Better Day





For patients at Rogers Behavioral Health, mental health and addiction treatment is difficult any time of year, but it can be especially challenging during the holidays.

Your donation goes a long way in providing comfort and lessening anxiety during what can often be a lonely time.

Patients have special requirements based on their behavioral health care needs. Extra caution must be used when purchasing gifts. Please consider the following:



- 1. Ages 10 years and up
- 2. All items must be new
- 3. No games with themes of violence
- 4. No items containing Latex or sharp edges
- 5. No items or gift cards with religious (Christmas/Hanukkah) themes
- 6. Do not wrap gifts

Arts and crafts — Art supplies, colored pencils/gel pens/markers (no crayons), origami books and paper, sketch pads, and stickers

Comfort — Holiday-themed socks, fleece blankets, fuzzy socks/slippers, seasonal apparel (hats/mittens/coats in winter), and stuffed animals (for adolescents)

Games — Apples to Apples, Bananagrams, Clue, deck of cards, Jenga, Life, Mancala, outdoor sporting equipment (balls), Phase 10, jigsaw puzzles (300-1000 pieces), Rubik's Cubes, Sequence, Sorry, Uno, Uno Flip, and Yahtzee

Gift cards (\$10) — Target, Walmart, fast food, restaurants, and movie theaters

Mindfulness activities — Brain puzzles (crossword, Sudoku, word search books), fidget toys, gratefulness journals (no spiral bound), Kinetic Sand, mindfulness coloring books, stress balls, and therapeutic putty

Monetary gifts — Cash donations assist the Foundation in filling in the gaps and purchasing specially requested items that are sure to bring joy to our patients.



Gifts during the holidays send messages of hope and kindness during a difficult time of year.



Scan for details, including links to our:

- Amazon Wish List
- Faith Factory Gift Registry featuring uplifting gifts for mental health, recovery, and well-being



Questions? Need assistance with planning or drop-off? Contact Linda Schieble at linda.schieble@rogersbh.org or 262-646-1652.

Deliver items to: Rogers Behavioral Health Foundation 34700 Valley Road, Oconomowoc, WI 53066

