## From surviving to thriving: Patient care grant helps Dawn make ends meet



When she was 11 years old, Dawn's father died by suicide. She didn't know how to handle it. No one close to her did. For 19 years, she hid the anxiety and depression that suffocated her, until one dark night, she couldn't mask it anymore.

With help from her boyfriend, she called Rogers Behavioral Health and was admitted to one of its intensive outpatient programs. Here, she received something that had been missing – a support network. Ten weeks later, she left with hope and determination, eager to start a new chapter.

That's when the bills came. "When I started treatment," explains Dawn, "my insurance deductible and out-of-pocket maximum had not been met. Mid-way through is when my insurance started paying in full, but by then, I already had a sizable debt. I did not have a job, and my boyfriend's income covered only what we needed to survive."

Two weeks later, Dawn mentioned her situation to one of her counselors at Rogers, and he suggested she apply for a patient care grant from Rogers Foundation.

"When I received a grant for the outstanding balance, I broke down in tears. Without it, we would have had to figure out what else to cut to make ends meet. This grant is something I could never thank Rogers Foundation enough for! To me, this was a huge blessing and helped me out more than they will ever know."

Dawn is now balancing a full-time job with college courses to become a child psychologist.